



## **Our Lady of Lourdes Catholic School 2021-2022 Uniform Guidelines**

### **Uniform and Non-Uniform Clothing Guidelines**

All non-uniform (free dress day) apparel must be appropriate for school activities, not distracting to the individual or others, and not demeaning or offensive to others. All Uniform and Non-Uniform clothing must follow the following guidelines:

- A student's clothing and appearance should reflect the values of Our Lady of Lourdes Catholic School; clothing should be clean, neat, and in good repair.
- All clothing must fit appropriately and respectfully. Clothing should not be oversized/baggy or form fitting. Hats/hoods should not be worn. Bare midriffs, sheer tops, tank tops, spaghetti straps, and pajamas are not appropriate for free dress.

### **Spirit and Free Dress Days**

Spirit Days and Free Dress Days are designated on various days throughout the year. On Spirit Days, students are encouraged to wear a Spirit shirt (available for purchase through the Lourdes Spirit Store on the school website). On Free Dress Days, the guidelines above must be followed.

### **Personal Appearance**

#### **Accessories:**

- Jewelry must be simple and allow for safe play at recess. Girls are allowed a limited number of ear piercings. Stud earrings are the only type of earring permitted.
- Hats may only be worn out-of-doors during recess and before and after school.
- Any additional accessories that endanger safety or distract from the learning process are not permitted.

#### **Make-up:**

- Only Middle School girls (6th-8th) may wear make-up. Approved make-up includes: clear lip-gloss, a light application of mascara (no eyeliner), and/or a light-colored face powder/foundation.
- Girls (all) may wear nail polish as long as it does not distract from the learning process.

#### **Hair:**

- Students' hairstyles cannot be distracting to the educational process.
- Boys' hair must be above collar length.
- Unnatural hair colors and extreme hairstyles are not permitted.
- Any student whose hair obstructs their vision will be asked to modify it.
- All boys must be clean-shaven.

## UNIFORM POLICY K-5

ARTICLE	DESCRIPTION	COLORS	APPROVED VENDOR
Polo shirt	Short or long sleeves, plain collar.	White	Pieces may be purchased at any store as long as they <i>match in style, color, and texture</i> to uniform pieces available at Dennis Uniform.
Blouse	Short or long sleeves, Peter Pan or plain collar.	White	
Turtle neck	Cotton knit, no mock turtle-necks.	White	
Sweatshirt	Long sleeve, crew neck.	Navy with school logo	Sweatshirts must have the Our Lady of Lourdes School logo (available through the office). No hooded or sports sweatshirts.
Sweater	Cardigan Vest	Navy Navy	Dennis Uniform ONLY
Jumper/shift/ skort/skirt	Knee length.	Plaid	Dennis Uniform ONLY
Walking shorts	Cotton twill, pleated or plain front, cuffed or plain hem, knee length; may be worn year round.	Navy	Pieces may be purchased at any store as long as they <i>match in style, color, and texture</i> to uniform pieces available at Dennis Uniform.
Pants	Cotton twill, pleated or plain front, straight leg, not oversized or cargo.	Navy	
<b>Optional uniform</b>	Micro <b>fleece jacket</b> 5.9oz, full center zip and front pockets.	Navy with school logo	Available online through <b>Lourdes Spirit Store</b> , via school website.
<b>Optional uniform</b>	Midweight <b>fleece vest</b> 13.8oz, full center zip, front zippered pockets.	Navy with school logo	Available online through <b>Lourdes Spirit Store</b> , via school website.

## UNIFORM POLICY 6-8

ARTICLE	DESCRIPTION	COLORS	APPROVED VENDOR
Polo shirt	Short or long sleeves, plain collar.	Navy	Pieces may be purchased at any store as long as they <i>match in style, color, and texture</i> to uniform pieces available at Dennis Uniform.
Sweatshirt	Long sleeve, crew neck.	Red with school logo	Sweatshirts must have the Our Lady of Lourdes Catholic School logo (available through the office). No hooded or sports sweatshirts.
Skort/skirt	Knee length	Khaki	Dennis Uniform ONLY
Walking shorts	Cotton twill, pleated or plain front, cuffed or plain hem, knee length; may be worn year-round.	Khaki	Pieces may be purchased at any store as long as they <i>match in style, color, and texture</i> to uniform pieces available at Dennis Uniform.
Pants	Cotton twill, pleated or plain front, straight leg, no cargo or oversized pants.	Khaki	
<b>Optional uniform</b>	Micro <b>fleece jacket</b> 5.9oz, full center zip and front pockets.	Navy with school logo	Available online through <b>Lourdes Spirit Store</b> via school website.
<b>Optional uniform</b>	Midweight <b>fleece vest</b> 13.8oz, full center zip, front zippered pockets.	Navy with school logo	Available online through <b>Lourdes Spirit Store</b> , via school website.

<b>MISCELLANEOUS POLICIES</b>			
<b>ARTICLE</b>	<b>DESCRIPTION</b>	<b>COLORS</b>	<b>ADDITIONAL INFORMATION</b>
Non-uniform shorts (K-8)	Girls in K-2 must wear shorts under shifts, skirts, etc. Girls in 3-8 are encouraged to wear shorts under shifts and skirts.	Dark colors preferred	Shorts must not be visible below the hemline.
Socks (K-8)	Socks must be worn, and be visible above the shoe, non-distracting.	Subdued colors	Subdued colors, no fluorescent colors.
Tights (K-8)	Girls may wear tights or full-length black leggings under shifts, skirts, skorts, or jumpers.	White, navy, or black, no prints	No athletic tights.
Shoes/boots (Pre-8)	All shoes must allow for safe play and be secured with a working buckle, laces that tie, or Velcro. Heels up to 1/2" are allowed on shoes or boots.	Any color shoe is allowed	Shoes and/or boots should not detract from the uniform. For the safety of the student, no slip-on, open-toe, or open-heel shoes.

<b>P.E. Clothing</b>	
<b>K-8</b>	
Shoes	Non-marking tennis shoes; no slip-on, buckled, or heeled shoes. No open tops or toes.
No jewelry	Stud earrings are the only exception.
Sweatshirts	No hooded items are to be worn.
<b>K-3 do not dress down</b>	
Girls	Shorts must be worn under dresses and skirts.
<b>4th-8th required dress down*</b>	
Required items	T-shirts and shorts.
Optional items	Crewneck sweatshirt and sweatpants for outdoor PE days.
Non-appropriate items	Hooded items, uniform shirts, uniform shorts, or uniform sweaters are not to be worn during P.E. Form-fitting pants/shorts, cutoffs, sagging or baggy shorts, sleeveless shirts, bare midriff tops, and torn or stained clothing are not acceptable.
Please wash clothing at least weekly!	

\*If COVID-19 guidelines allow for dress down