

Our Lady of Lourdes Catholic School 2022-2023 Uniform Guidelines

Kindergarten – 8th grade students are expected to come to school in uniform, *neatly and modestly dressed*. We believe uniforms promote consistency where students stand out for character, not their clothes. Having a unified look increases brand awareness and supports an inclusive community. With a wide variety of options, students are welcome to find their style and dress for their day. Please label all clothing with students' name.

Uniform and Non-Uniform Clothing Guidelines

- A student's clothing and appearance should reflect the values of Our Lady of Lourdes Catholic School; clothing should be clean, neat, and in good repair.
- All clothing must fit appropriately and respectfully.
- Shirts must be *buttoned and tucked in*.
- Students go outdoors for recess in nearly all-weather conditions. Students should wear appropriate attire, e.g. raincoats, *and these must be removed back in the classroom*.

Spirit and Free Dress Days

All free dress day apparel must be appropriate for school activities, neither distracting, demeaning nor offensive to others. Spirit days and free dress days are designated on various days throughout the year. On Spirit days, students are encouraged to wear a Spirit shirt (available for purchase through the Lourdes Spirit Store on the school website), with nice jeans (no rips/holes).

On free dress days, students wear *nice, modest, casual* clothes such as the following:

- Pants, shorts, and skirts: khakis, jeans, or cotton elastic waist pants.
- Shirts, tops, and dresses must have sleeves, necklines, and hemlines consistent with regular uniform day policy.

Inappropriate free dress clothing includes:

- Bare midriffs, sheer tops, tank tops, spaghetti straps, mini skirts, hats, sports shorts*, yoga pants, athletic pants*, sweat pants*, and pajamas.
- No clothing with graphics such as tobacco or alcohol, nor inappropriate pictures or language.

*Exceptions may take place with themed free dress days.

Personal Appearance

Accessories:

- Jewelry must be simple and allow for safe play at recess. Girls are allowed a limited number of ear piercings.
- Hats may only be worn out-of-doors during recess and before and after school.
- Any additional accessories that endanger safety or distract from the learning process are not permitted.

Make-up:

- Only Middle School girls (6th-8th) may wear make-up. Approved make-up includes: clear lip-gloss, a light application of mascara (no eyeliner), and/or a light-colored face powder/foundation.
- Girls (all) may wear nail polish as long as it does not distract from the learning process.

Hair:

- Students' hairstyles cannot be distracting to the educational process or they may be asked to modify their hair.
- All boys must be clean-shaven.

UNIFORM POLICY K-5			
ARTICLE	DESCRIPTION	COLORS	APPROVED VENDOR
Polo shirt	Short or long sleeves, plain collar.	White	Pieces may be purchased at any store as long as they <i>match in style, color, and texture</i> to uniform pieces available at Dennis Uniform.
Blouse	Short or long sleeves, Peter Pan or plain collar.	White	
Turtle neck	Cotton knit, no mock turtlenecks.	White	
Sweatshirt	Long sleeve, crew neck.	Navy with school logo	Sweatshirts must have the Our Lady of Lourdes School logo (available through the office). No hooded or sports sweatshirts.
Sweater	Cardigan Vest	Navy Navy	Dennis Uniform ONLY
Jumper/shift/skort/skirt	Knee length.	Plaid	Dennis Uniform ONLY
Walking shorts	Cotton twill, pleated or plain front, cuffed or plain hem, knee length ; may be worn year round.	Navy	Pieces may be purchased at any store as long as they <i>match in style, color, and texture</i> to uniform pieces available at Dennis Uniform.
Pants	Cotton twill, pleated or plain front, straight leg, not oversized or cargo.	Navy	
Optional uniform	Micro fleece jacket , full center zip and front pockets.	Navy with school logo	Available online through Lourdes Spirit Store , via school website.
Optional uniform	Midweight fleece vest , full center zip, front zippered pockets.	Navy with school logo	Available online through Lourdes Spirit Store , via school website.

UNIFORM POLICY 6-8			
ARTICLE	DESCRIPTION	COLORS	APPROVED VENDOR
Polo shirt	Short or long sleeves, plain collar.	Navy	Pieces may be purchased at any store as long as they <i>match in style, color, and texture</i> to uniform pieces available at Dennis Uniform.
Sweatshirt	Long sleeve, crew neck.	Red with school logo	Sweatshirts must have the Our Lady of Lourdes Catholic School logo (available through the office). No hooded or sports sweatshirts.
Skort/skirt	Knee length.	Khaki	Dennis Uniform ONLY
Walking shorts	Cotton twill, pleated or plain front, cuffed or plain hem, knee length ; may be worn year-round.	Khaki	Pieces may be purchased at any store as long as they <i>match in style, color, and texture</i> to uniform pieces available at Dennis Uniform.
Pants	Cotton twill, pleated or plain front, straight leg, no cargo or oversized pants.	Khaki	
Optional uniform	Micro fleece jacket , full center zip and front pockets.	Navy with school logo	Available online through Lourdes Spirit Store via school website.
Optional uniform	Midweight fleece vest , full center zip, front zippered pockets.	Navy with school logo	Available online through Lourdes Spirit Store , via school website.

MISCELLANEOUS POLICIES			
ARTICLE	DESCRIPTION	COLORS	ADDITIONAL INFORMATION
Non-uniform shorts (K-8)	Girls in K-2 must wear shorts under shifts, skirts, etc. Girls in 3-8 are encouraged to wear shorts under shifts and skirts.	Dark colors preferred	Shorts must not be visible below the hemline.
Socks (K-8)	Socks must be worn, and be visible above the shoe, non-distracting.	White, navy, or black, no prints / stripes	Socks must be visible above the shoe, and may be ankle or knee high. No socks above the knee.
Tights (K-8)	Girls may wear tights / footless tights under shifts, skirts, skorts, or jumpers.	White, navy, or black, no prints / stripes	No athletic tights, leggings, or yoga pants.
Shoes/boots (Pre-8)	All shoes must allow for safe play and be secured with a working buckle, laces that tie, or Velcro. Heels up to 1/2" are allowed on shoes or boots.	Any color shoe is allowed	Shoes and/or boots should not detract from the uniform. For the safety of the student, no slip-on, open-toe, or open-heel shoes. No crocs, house shoes, or slippers.

P.E. Clothing	
K-8	
Shoes	Non-marking tennis shoes; no slip-on, buckled, or heeled shoes. No open tops or toes.
No jewelry	Stud earrings are the only exception.
Girls	Shorts must be worn under dresses and skirts.
Sweatshirts	No hooded items are to be worn.



Elementary Uniform



Middle School Uniform



Little Blessings T-shirt and Lancer Spirit Shirt