

Service Ideas

- Volunteer at or donate to a food pantry/bank
- Help in the Parish Garden
- Volunteer at a parish/church luncheon or event
- Bring a meal or care package to someone who is sick, homebound, elderly, has lost a loved one, or has a new baby
- Offer free lemonade or hot cocoa in your neighborhood or local park.
- Bring cold drinks or sack lunches to the homeless with an adult or making sack lunches for a group that does
- Go through your closet to give to a homeless shelter or St. Vincent de Paul (there's a donation drop box in the school hallway outside of the gym)
- Safely pick up trash in an area that needs (parks, streets, beaches)
- Carol at or visit a retirement home, the VA, or in your neighborhood
- Do yard work or chores for a neighbor or elderly friend
- Walk dogs or pet sit for free
- Babysit or help with childcare
- Volunteer at Vacation Bible School or other camps over the summer
- Volunteer with a ministry or at a social event at your church
- Sing in the church choir (Worship team counts)
- Alter serve (school Mass or on weekends)
- Write letters to cancer patients.
- Help organize a prayer service or start prayer group.
- Visit a cemetery and bring flowers and pray for the dead
- Brighten someone's day by making cookies for them
- Volunteer at or donate baby clothes and/or supplies to support new moms at organizations like Birthright or Prepares. Many Catholic parishes in the area have a monthly collection for donations and supplies for Prepares.
- Fundraise for a cause or charity (rummage sale, bake sale, garage sale, odd jobs)

Organizations:

- [St. Vincent dePaul](#) (Food and Clothing Donation Center)
- [Greg's Mission](#) Greg Repman, a parishioner at Lourdes, and his crew feed the homeless every Monday and Friday. If you are interested in food preparation, making soups and cookies to deliver to their crew, or seeing if there are ways you can help, contact Greg at 360-771-1387 or gregandjan@nandrea.com.
- The Parish Garden (grows and harvest food for St. Vincent's; spring and fall) Contact: pamballard219@comcast.net
- [Clark County Food Bank](#)
- [FISH](#) (Vancouver Food Pantry)
- [Share House](#) (donate food/clothing/time at Vancouver Homeless Shelter; here's a [list of their volunteer programs](#))
- [NW Children's Outreach](#) (donate to or volunteer at to helps get kids the clothing, food, diapers, formula, toys, and more they need)
- [Birthright Vancouver](#) (Pregnancy resources center; Contact them to see how you can help, whether with cleaning, organizing supplies, helping at events, collecting items they need)
- [Prepares](#) (a Catholic network of parishes and partners that supports mothers and their babies)
- Any of the local churches nearby have events and ministries you can get involved with. This may be one of the easiest ways to get service hours. Our Lady of Lourdes, the Proto-Cathedral of St. James, St. Joe's, Holy Redeemer, and St. John the Evangelist to name a few.